



Poiesis

ACHIEVEMENT FOUNDATION

P-Times

Learners Today.
Achievers Tomorrow.

Dear Readers,

"Don't expect your friend to be a perfect person but help your friend to become a perfect person, that's true friendship!" said Mother Teresa. Friendship is the first relation children develop outside family. The children of The Explorer – Smarter Habits, Greater Joy, batch 33, became friends first and then explored and understood the true meaning of friendship.

They strengthened their friendship by working together in a team to make a designer pet. They learnt to speak, listen and accept different ideas. They came up with many creative thoughts to help hedgehog to carry the apples. Their depth in thinking was evident when they designed many items useful for self or family. They amazed us by their expressions and the way they used communication skills to convert the stories into skits.

Children enjoyed a lot while learning about the daily good habits through video watching and performing role-plays. They made an honest confession about their current habits and decided to practice good habits, including planned use of technology for their betterment. They loved to interview their parents and share their childhood's naughty mischief. They were overwhelmed by the movie 'Ek Ajooba' and promised to practice the lessons of hard work, honesty and self-confidence in their life.

A very special thanks to Ms. Urvi Shah for helping children to grasp about the good manners and habits. Our super thanks to all the parents for their trust and support.

We wish that our smart thinkers keep on laughing and maintain a high energy level to be at their best!

Smile always,

Beena Handa

Beena Handa
and Team Poiesis

November 16, 2016



Friends for Ever...

The first two days at Poiesis were very exciting for children. They wore a mask and played introduction game. After knowing each other, they played game of snakes and ladders and became aware about ways to become true friends. They also did voting for different actions of 'good friend' and 'not so good friend'....



Our group's name is People with Creative mind. We have made a Flying dog. It is useful as we can sit on it and can go to the school. It eats dog's food and milk. It lives in its kennel. It has a lion's scary face, peacock's body for its beauty. It has horse's legs to run fast, wings to fly high. We can share many creative ideas in a team and work faster as we can divide it. We enjoyed making our pet.

Parth, Poorva, Samay, Tanisha



Ladders of friendship:

Sharing games and toys with each other, staying together, talking, doing some funny things, helping in studies, speaking truth, caring, keeping secrets, playing the game of our friend's choice, talking politely, understanding each other.

Haard, Kashti, Neev, Parth, Poorva, Vrishti

Snakes of friendship:

Speaking bad words, fighting with each other, by not sharing, ignoring, arguing, telling lies, not helping, beating, teasing, not respecting other friend, teaching to copy from friends and distracting in exams.

Arya, Bhavya, Dhanashree, Heer, Mantra, Mokshil, Tanisha



We are Flying Jatt. Our pet name is Aliglaca. It can protect us and save our life. It eats coconut, banana, sugarcane, hay. It lives with us and also in forest. It has camel's legs to walk through the desert, donkey's body to carry load, elephant's face to hear and smell, eagle's wings to fly high in the sky, fish's tail to swim in water, horse's hind legs to run fast. Actions like being selfish, not sharing ideas or work, not listening, being rude and not helping the friends results in bad teamwork.

Vrishti, Kashti, Neev, Haard, Bhavya



U and Me = We ...

Children learnt to work together in a team by making a designer pet with many features. They shared many ideas, discussed, argued, fought but learnt many benefits of team work. TEAM = Together Everyone Achieves More....



Bachha Party is our group's name. Our animal is Mastifur. It has a tail of a monkey to move, tortoise's shell to protect it, elephant's trunk to catch things or pour water, kangaroo's pocket to carry food, fruit etc. It has horse's legs to run fast. It eats insects and grass. It was fun to work in a team. We became good friends.

Dhanashree, Arya, Heer, Mantra

Thinking Smartly...

We all love to solve puzzles which help to keep our brain active. Childrens' minds were challenged to help hedgehog to take the apples to its home for guests. Look! What creative ideas they came up with....!!!

The hedgehog can roll on the apples; use a tree branch as catapult and spring the apples to drop to his home. It can tie the apple to a branch of a tree and carry the branch.

Samay

It will carry with the teeth. It can make a big leaf by joining many leaves with stem; can bring the plate from home and take it home.

Yashvi



It can carry the apples on its back; dig an underground way and push the apples to home.

Heer

It can take the help of other animals; use a bamboo stick and make a bag; can make a grass tray to carry it.

Tanisha

Hedgehog can push the apples; make bat of bamboos and hit the apples.

Dhanashree

It can take polythene bag to carry the apples. It can kick and push the apples to its home.

Poorva

Can pick up the apples on its spikes; cut the branch and pick one apple on it.

Mokshil

Hedgehog will carry two apples at a time; it will carry dry leaf and make a small basket; take help of kangaroo and keep in its pouch.

Vrishti



Bring something like a box and tie rope with the box and pull it; carry the apples with the stick.

Parth

It will bring bag from home; call the guests near the tree.

Arya

By bringing the dish from home; wrapping it in a cloth; taking the help of a human; by making a boat of bamboo stick.

Kashti

Good Habits...

Any action that is done for 21 days continuously becomes a habit. Children learnt about good and bad habits by watching some videos, enacting on habits before, during and after school and decided to follow certain good habits in their daily life...

I liked the video of 'Lily plants the garden' in which Lily planted the vegetables in the garden so that she can do gardening and mother can get vegetables at home. We learnt to do win-win situation.

Mokshil



I enjoyed watching Mr. Bean's video which taught us to eat healthy food, stand in a queue and eat slowly, not to waste food.

Neev



We learnt to put the first thing first. So now, first I will do my homework and then go to play or watch T.V. I will help my mom and dad in small work, be honest, grow more trees and will keep India green.

Mantra

I will complete my homework on time. Respect friends or any family member. I will give chance to others. I will keep my house clean.

Tanisha



We learnt about the table manners. We should first unfold the napkin and keep on our lap, hold knife on the left and fork in the right hand, say excuse me to get anything on the table or if you want to leave from the table.

Samay

We showed a skit of good habits like getting up early in the morning, having breakfast, washing our hands before eating food, making new friends, saying sorry to friends when we had a fight, do our homework before watching television, helping grandparents and parents.

Samay, Kashti, Haard, Tanisha, Parth, Bhavya, Heer



I will never hit anyone. I will make new friends. Eat properly. I will clean my nails and polish my shoes. I will take care of myself. Greet people with a sincere smile.

Vrishti

Good habits will help me to develop myself. I will be kind to my friends and others. Keep silence when teacher is not there. I will keep a mat under my lunch box. I will not talk while eating.

Yashvi

I admire ...

Role models play an important part in developing children's good qualities. Children shared about their favourite achievers and the qualities they would like to inculcate in them...



We enacted on the bad habits like disturbing others in class, making fun and teasing others, using bad words, playing and not doing homework, pushing friends in a line, eating junk food, not paying attention in class, not cleaning nails etc.

Yashvi, Dhanashree, Neev, Poorva, Mokshil, Vrishti

I promise to read books. I will help my grandparents and parents. I will first study and then go to play. I will respect my teachers.

Bhavya

Read books every day. I will help others in their work. Hold the door for younger, older and other people. I will wash my hands two to four times. Eat limited junk food. I will say only truth and will be honest.

Dhanashree

I will help my parents and grandparents. I will read more stories. I will help my mom in the kitchen, help my brother in homework. I will help people to cross roads. I will do my homework at a time.

Haard

My favourite is Louis Braille. He invented Braille script for blind people to learn words. He was an innovator.

Arya

I like Chacha Nehru. He was a freedom fighter and the first Prime minister of India. He loved children so his birthday is celebrated as Children's day.

Heer

We respect Mahatma Gandhi. He gave us freedom from the Britishers. His qualities were simplicity, truth and non-violence. He worked very hard.

Kashti, Tanisha, Vrishti, Yashvi

I like Kano Jigaro. He started Judo in 1882. He found out many new ways to fight with the opponent. He taught to many people.

Mantra

I like Dr. Radhakrishnan. He was very intelligent, a great teacher and had powerful mind. He was the President of India.

Dhanashree

Virat Kohli is my favourite as he is an excellent cricketer. He is one of the best batsman. He scored total 7570 in 176 ODI matches.

Bhavya, Poorva



I like Usain Bolt as he is the greatest runner and won Gold medal in Rio Olympics, 2016. He is the best. I want to run fast and win.

Haard

P.V. Sindhu is my role model. She worked hard to become one of the best badminton player. She won Silver medal in Rio Olympics, 2016.

Parth

I like Issac Newton. He discovered the law of gravity. He has done many experiments. He had a sharp mind.

Neev

Inventions...Inventions...

All of us are having many things around us like computer, clothes, many food varieties, but have we ever thought how those things were invented? Children saw some videos of how cotton candy, velcro, rivets, potato chips etc were made. They were inspired to make some creative things using paper plates, paper napkins and glasses and Lo! And Behold! They were fantastic...

My invention is an automatic glass. I use this machine when I feel thirsty. It will come automatically to me.

Arya

I have made a robot. It helps me to do my work. It has long hands, so it can do whatever I ask him to do. It does not get tired.

Haard



My invention is an automatic doctor kit and remote. It can fly to the patient on pressing a button of the remote. The tools can come out automatically from it. It saves time of a doctor.

Samay

My invention is UFO. I got this idea from television. It is used to catch alien. It moves in space. Scientist can use it for their research in space.

Parth

I made an automatic machine which will help my mom in the kitchen. It contains hot and cold water to cook faster. It also shows recipes to mom.

Poorva

I have made an attractive bottle which will help to hold anything. I got this idea from school.

Heer



My invention is robot. It is very friendly, helpful and does my homework when I am tired.

Bhavya

I have made a fan. It starts directly with my voice. When I say off, it's off. When my A.C doesn't work, I use it to get cool air.

Tanisha



My spoon holder will help anyone to keep spoons, forks and knives. It is useful for my mother as when she asks for a spoon, it automatically comes out to go to her.

Kashti

My invention is a box to put things. It helps us to keep our stationery items like pencil, pen, colours etc. I got this idea from my home.

Dhanashree

C for Communication...

Children were given different stories. They worked in groups and converted stories into drama. They applied all the rules of good talking and listening. They shared the importance of talking and how people used to communicate in earlier times...



We have changed...

In the olden times, people conveyed messages through pigeons by tying the letter on their leg. Now we talk by video recording, skype, Viber etc.

Yashvi

Now we communicate by letters, fax, teleprinter, radio, facebook and other social media.

Parth

By talking, taking actions, writing letters, telephone, Google, newspaper, email, whatsapp and many more.

Arya, Kashti

Why do we talk? Do's and Don'ts...

We talk when we are bored to become fresh, to express ideas, to get information and knowledge.

Vrishti

To make new friends. It helps us to express our feelings, to share our ideas.

Heer

We talk to make friends, to appreciate ourselves and others.

Poorva

To give and get help, to teach and learn, to improve our speech.

Tanisha



To express thoughts, enjoy, do time pass, to learn something, to get clarity.

Neev

We will always remember to be expressive and not to be rude while talking. We should be polite. We must talk in audible voice and should not talk loud or slow. If we talk too slowly, the other person will feel sleepy.

Samay

While talking, we should be polite, speak in normal voice with a smile, keep good body posture and do suitable hand gestures.

Haard

We should talk in audible voice, always be on the topic, make eye contact with the audience, greet others, be confident. We should also listen to others, attentively.

Bhavya, Mantra



We enacted a skit on 'The Cat's Tale'. Our roles were - Kashti as grandmother, Bhavya as cat, Samay as rat, Yashvi as milkman, Haard as baker, Poorva as tailor, Mantra as postman, Vrishti as a narrator. The rat ran a lot to get his tail back! We enjoyed a lot!



We loved to perform a skit of 'Happy Pachaka'. It showed importance of friendship. We had great fun doing the skit. The roles were – Arya as frog, Tanisha as fish, Parth as tortoise, Neev as fisherman and Heer as a squirrel.

Use of Technology...

Children interviewed their parents and found out about their childhood. They shared what children have now which parents didn't have in their childhood. The major difference was technology. Children learnt that technology is a boon as well as curse...



Television is useful for entertainment, time pass. If there is no company, we can watch T.V. We can gain knowledge and learn new things from different channels.

Samay, Neev

We should not eat or study while watching T.V, not to see movies of fights all the times. It will affect our brain negatively.

Dhanashree

If we eat while watching television, we will not produce enough saliva to digest the food and we will become fat.

Heer

We should shut down T.V or mobiles 45 minutes before sleeping. The pixels affect our brain and we don't get sound sleep.

Yashvi

We should watch T.V for only 2 hours. Always watch comedy serials or movies, Discovery, cooking show, art channels etc. We should go out to play and learn to make friends.

Bhavya, Arya

Mobile radiations are harmful for our eyes and ears. We should play less mobile games.

Mantra



Believe In Yourself...

Children were enthusiastic when they heard about the movie show at Poiesis. They watched 'Ek Ajooba' and shared their observations and learnings from the movie...

I liked Chitra as she showed confidence in her studies and stood first in the class.

Mantra

I liked Ratan as he realized his mistake and told the truth. I liked Guruji also as he taught children to be confident.

Haard



I liked the scene when Chitra studied with dedication and came first. Also, the scene when Guruji revealed the secret of Bhabhoot and said to have self confidence.

Vrishti

I felt very nice when all the three kids went on stage and learnt a lesson from Guruji to work hard and believe in yourself.

Kashti

We learnt not to say a lie to our friends and other people. We should not steal or beat our friends.

Poorva

We should never speak a lie, never be greedy and keep up the friendship forever.

Tanisha

We learnt that we should always have self-confidence. We should follow good habits and always help our friends.

Yashvi



We are...

Sitting - 1st Row (L-R):

Samay Shah, 9.3 yrs; Arya Sharma, 8.4 yrs; Haard Rajodiya, 8.3 yrs; Parth Patel, 9.1 yrs; Bhavya Patel, 7.5 yrs; Neev Shah, 9.5 yrs; Mantra Sanghani, 8.7 yrs

Sitting - 2nd Row (L-R):

Mokshil Shah, 9.5 yrs; Ms. Puja Dixit (Facilitator); Vrishti Choksi, 7.8 yrs; Poorva Ghiya, 8.2 yrs; Yashvi Soni, 9.5 yrs

Standing (L-R):

Dhanashree Shah, 8.9 yrs; Tanisha Kshatriya, 8.8 yrs; Kashti Shah, 7.6 yrs; Heer Shah, 8 yrs

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